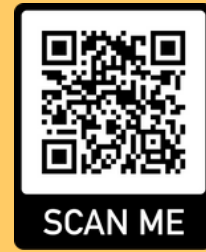


# THE PAS GAZETTE

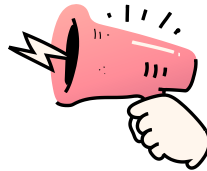
The Official Monthly Newsletter



APRIL 2024  
ISSUE:1



## INTRODUCING OUR FIRST PAS NEWSLETTER!




Written by PAS Staff


Welcome to our first PAS monthly newsletter! We decided to create a monthly newsletter so we could keep everyone up to date on our events, positive moments and achievements from staff, families and young people.

The newsletter will include updates from each area of service so you can hear a bit about what they have been up to during that month! It will also provide a list of upcoming events, plenty of photos, stories and contact details, should you wish to speak to us.

Our vision is to support autistic children and young people to reach their full potential and support them to be the best they can be. Please follow us on social media and check out our website for further information.

 Instagram - @perthautism

 Facebook - Perth Autism Support

 <https://www.perthautismsupport.org.uk>

## UPCOMING EVENTS

- Term 2 begins w/c 22nd April in Children's Services and Transitions Services.
- Angela Thomson (PAS Parent) running Edinburgh Marathon on Sunday 26th May.
- PAS Summer Ceilidh - Friday 28th June.
- Mental Health Awareness Week - w/c 13th May







## CHILDREN'S SERVICES

An update on Children's Services during April including activities and staffing updates.



During April in Children's Services, we delivered the Easter Holiday Programme. We had 57 individual young people attending over the course of two weeks. We had a variety of sessions running within PAS and outwith PAS. This included a themed 'Under The Sea' sensory session, a visit to The Workshop for clay modelling, swimming at Perth Leisure Pool and some outdoor fun at Active Kids Adventure Park! We also had two day trips to Stirling Castle and Camperdown Wildlife Centre.

After Easter, the team have been busy planning, tidying and cleaning for the Term 2 programme that begins w/c 22nd April. We currently have 108 individuals signed up for Perth and Outreach programmes. We will be delivering 13 groups a week in Perth and going out to all 4 Outreach areas - Crieff, Kinross, Blairgowrie and Pitlochry on a fortnightly basis.

We have 4 volunteers helping us out in Term 2 - Daniel, Barbara, Julius and Ricki. We will also be welcoming a new Autism Practitioner to the team called Sophie!







## TRANSITIONS SERVICES

An update on Transitions Services during April including activities and staffing updates.



In April, we delivered our Easter Holiday programme where we ran two successful Holiday Hangout sessions and a trip to the 'Calamity Jane' production with the tickets being donated from the Perthshire Amateur Operatic Society. We rounded off the week with a trip to the National Museum of Scotland in Edinburgh, taking in the sights and building the young people's independent travel skills by taking the public bus.

We are also piloting our first 'drop-in' sessions, focused on study sessions for registered young people who are currently on study leave and looking for a change in scenery, facilitated by the Transitions Engage staff. Our pilot Duke of Edinburgh, Bronze group will be recommencing this week on the lead up to our expedition in June.

We have met with our 2024-25 Youth Voice Panel to establish goals for this year thinking about awareness and networking with other youth services. We also have two young people involved in the new Perth and Kinross Youth Forum.

Hannah has joined the Transitions Service and will be working between Employability and Engage. Nathan has also recently joined the Transitions Service to work with the Engage Team.





## FAMILY AND EDUCATION SERVICES

An update on Family and Education Services during April.



In FES services in April 2024 we have:

Worked with 26 families for 1:1 work, closed 2 cases and 13 cases on the waiting list with the longest wait being 5 months. We have had some good feedback from parents including a parent who said, "I feel more supported after the FES input and feel more able to manage."

We delivered training to the whole staff team at Kinross Primary School on the in-service day on 15th April which went really well. Donna is now trained in delivering the Incredible years Training for autism and will be co-delivering this parent training with the Parent and Family Learning Team from August 2024. More information to follow!

We have moved our FES application onto Microsoft forms and registration booking is now being done by Jennifer.

We have said goodbye to 2 staff this month - Alison and Alice will be greatly missed. Recruitment for these posts will go out in May.





## ENTERPRISE AND EMPLOYABILITY SERVICES

An update on Enterprise and Employability during April.



Work experiences have been being completed including a day out at The Crannog Centre with a group from The Community School of Auchterarder. We also supported a group from Bertha Park High School to attend SSE which included travelling by public transport to attend work experience sessions. This was very successful and hopefully the start of a new working partnership with SSE.

Funding news – successful in receiving funding from both PKC Challenge Fund and the AVIVA Foundation. This means we are now recruiting for a new full time Employability Coordinator.

Our first Create:DIVERSITY project for 2024 kicked off at the end of March. This is a shorter 'taster' project until June. Our focus is to create some gift ideas that might appeal to dads, granddads and any other significant role models for Fathers Day (16th June). These will go on sale in Reception next month so watch this space!

Club:DIVERSITY returns on Saturday 27th April, 1-4pm, after a little spring break for the school Easter holidays and will run fortnightly.

Kirsteen now works full time for PAS with effect from 22nd April.





# Skydive for PAS!

## FUNDRAISING UPDATES

An update on Fundraising during April.



WHAT AN EGG-CELLENT EGG-FORT (sorry!) from Strang & McLagan Funeral Directors and their community who donated over 150 chocolate eggs and other Easter goodies for us this year!

The children and young people were so excited to receive an egg during our Easter Holiday Programme. A massive thank you to everyone who donated and thank you to Julie and Elle from 'Strang & McLagan Funeral Directors' for choosing to support us.

Calling all adrenaline junkies! Jumping out of a plane at 10,000ft+ is the ultimate adrenaline experience - are you brave enough to take on the challenge?

By booking your skydive through Skyline Events and choosing to fundraise for PAS, when you raise the minimum of £395 by the date of your jump you won't need to pay anything on the day! You will also raise vital funds that supports autistic children, young people and their families in Perth and Kinross.

WANT TO MAKE A ONE OFF DONATION TO PAS? SCAN THE QR CODE!







## OTHER RELEVANT INFO AND CONTACT DETAILS

### FACILITIES FOR HIRE AT PERTH AUTISM SUPPORT



Check out our Youth Hub, the perfect space to deliver workshops, group sessions, meetings, and more!

This space has a pool table, comfy break out space and a hatch to the kitchen for catering.



Contact us to find out more!

01738 451 081

[www.https://www.perthautismsupport.org.uk/](https://www.perthautismsupport.org.uk/)

We have plenty of rooms for hire at our New Row building. We have small meeting rooms, main conference space with access to the garden, youth hub with a kitchen for catering and our sensory room. Please use our contact details if you require more information:

01738 451081

[info@perthautismsupport.org.uk](mailto:info@perthautismsupport.org.uk)

**Club Diversity** - Begins 27th April 1-4pm at PAS then runs fortnightly then on.

**Parent Peer Connect Sessions** - Begins 22nd April on Mondays 11:30-1:00pm at PAS. They alternate being one week for all parents/ carers and the following week being specifically for autistic parents.

**Stay, Play and Connect Sessions** - Tuesday mornings 10:00-11:30am at PAS.

**FES Enquiry Slots** - Monday 3pm, Wednesday at 11am or Friday 10am.

**Parents/Carers Training Programmes and Events**  
- Scan the QR code!



SCAN ME

### Easter break in Sensory Room



Room Available Monday and Friday during the Easter Holiday