



# CHILDREN'S SERVICES

**TERM 2 PROGRAMME 2024**  
**W/C 22ND APRIL - W/C 17TH JUNE**  
**(9 WEEKS)**

PERTH AUTISM SUPPORT SCIO, 14 NEW ROW, PERTH, PH1 5QA

WEB: [WWW.PERTHAUTISMSUPPORT.ORG.UK](http://WWW.PERTHAUTISMSUPPORT.ORG.UK) PERTH AUTISM SUPPORT IS A REGISTERED SCOTTISH  
CHARITABLE INCORPORATED ORGANISATION (SC048183)  
REGISTERED WITH CARE INSPECTORATE CS2019374248

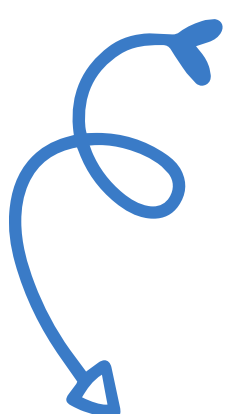


# Children's Services Programme Summary Term 2

**EACH GROUP WILL BE £7.50 PER SESSION.  
HOWEVER, PLEASE REMEMBER ALL GROUPS ARE BOOKED ON A BLOCK  
BOOKING BASIS UNLESS REQUIRING A TASTER.  
(SIBLINGS, PAS SPORTS CLUB AND YOUTH CLUB WILL BE BOOKED ON A  
WEEKLY BASIS)**

**PLEASE SEE BOOKING FORM FOR MORE INFO.**

Day	Group	Time	Age
Monday	Juniors Baking	4:00-4:45pm	3-7 years
Monday	Primary Cooking	5:15-6:15pm	8-11 years
Monday	Secondary Cooking	6:30-8:00pm	12+ years
Tuesday	Siblings Group	5:00/5:15- 6:15pm	All Ages
Tuesday	Youth Theatre	6:30-8:00pm	8 + years
Wednesday	Small Steps	5:00-6:00pm	8 + years
Wednesday	Secondary Role Play Gaming	6:15-7:45pm	12 + years
Thursday	Red Social (Juniors)	4:00-4:45pm	3-7 years
Thursday	Blue Social (Primary)	5:00-6:15pm	8 - 11 years
Thursday	Green Social (Secondary)	6:30-7:45pm	12 + years



**Programme continued on next page.  
Please also see overleaf pages for more  
information on groups.**



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Day	Group	Time	Age
Friday	Sensory Play	4:00-4:45pm	3-7 years
Friday	PAS Sports Club	5:00/5:15-6:15pm	8 + years
Friday	Youth Club	6:45-8:00pm	12 + years



**Please also see overleaf pages for more  
information on groups.**





# Mondays

## Juniors Baking

**Mondays**  
**4:00pm-4:45pm**  
**3-7 year olds**



A junior age cooking group where young people will learn the basics of baking in a kitchen environment using a variety of exciting recipes!

## \*Primary Cooking

**Mondays**  
**5:15pm-6:15pm**  
**8-11 year olds**



A primary age cooking group where the young people will follow recipes and learn the basics of cooking. We will focus on reducing food waste by getting ingredients from local community fridges and following themed weeks for the five week term!

## Secondary Cooking

**Mondays**  
**6:30-8:00pm**  
**12+ year olds**



A secondary aged cooking group to support young people to develop their independence and life skills. We will focus on reducing food waste by getting ingredients from local community fridges and following themed weeks for the five week term! Throughout the term, the young people will also get the chance to go to the shop and buy groceries for cooking.







# Tuesdays



## Siblings Club

**Tuesdays**  
**5:15-6:15 pm**  
**All Ages**

**A social group aimed at primary and secondary aged young people with an autistic sibling. This group provides them an opportunity to socialise in a relaxed environment with peers. This group will be booked on a weekly basis. See booking form for more info.**

## Session Descriptions

**23rd April - 5:15-6:15pm - Baking Session**  
**30th April - 5:15-6:15pm - All Strong Scotland**  
**7th May - 5:00-6:15pm - Swimming\***  
**14th May - 5:15-6:15pm - Cooking Session**  
**21st May - 5:15-6:15pm - All Strong Scotland**  
**28th May - 5:15-6:15pm - Arts/Crafts Session**  
**4th June - 5:00-6:15pm - Swimming\***  
**11th June - 5:15-6:15pm - All Strong Scotland**  
**18th June - 5:15-6:15pm - Park Trip**

**\* The swimming sessions will be at Perth Leisure Pool - pick up and drop off at the pool.**



## Youth Theatre

**Tuesdays**  
**6:30-8:00pm**  
**8 + year olds**

**The young people will work on developing their creativity and drama skills from Term 1 to work towards the end of term production on 18th June.**



# Wednesdays



## Small Steps

Wednesday

5:00–6:00pm

8+ year olds

A social group to allow young people to interact in a safe, familiar environment.

This would be an ideal group for your young person if they have high anxiety, struggle with social interaction and would benefit from a smaller social setting.



## Secondary Role Play Gaming

Wednesday

6:15–7:45pm

12+ year olds

An in depth project for secondary aged young people. The group will create their own campaign and build the story together over the six week term. The group will be supported by volunteers who have many years experience in RPG.



# Thursdays



## • Red Social (Juniors) •

Thursday  
4:00-4:45pm  
3-7 year olds

PAS Juniors is a small, relaxed social group focused on sensory play, exploring toys and building connections with other young people as well as staff. If this is your child's first time coming along to PAS, this could be the perfect group for them.

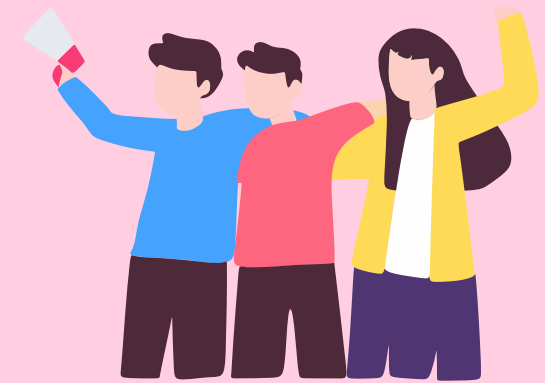


## • Green Social (Secondary) •

Thursday  
6:30-7:45pm  
12+ year olds

The secondary social group provides the opportunity for young people to socialise, participate in a variety of activities/games and develop friendships outwith the school environment.

The group also aims to support young people who wish to transition to the young adult service in the future.



## • Blue Social (Primary) •

Thursday  
5:00-6:15pm  
8-11 year olds

The primary social group provides the opportunity for young people to socialise and participate in a variety of activities and games.

The group aims to build confidence to help young people transition to the secondary social in the future.





# Fridays



## Sensory Play

**Friday**

**4:00-4:45pm**

**3-10 year olds**

A relaxed sensory group suitable for early years and primary ages. We will get messy indoors and outdoors by exploring different materials such as water, sand and slime!



## Youth Club

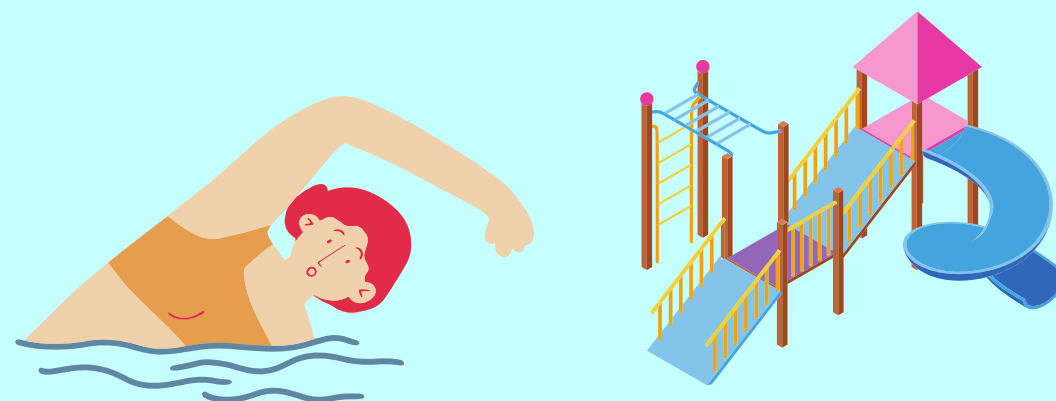
**Friday**

**6:45-8:00pm**

**12+ year olds**

A relaxed PAS youth club to end the busy week. This group acts as a stepping stone into the Young Adults Service.

We will make use of the PAS Youth Hub facilities such as the pool table, table tennis and the Wii. This group is booked on a weekly basis.



## PAS Sports Club

**Friday**

**8 + year olds**

PAS Sports Club will consist of nine active sessions which will allow young people to develop their co-ordination, confidence and swimming skills!

This group will be booked on a weekly basis.



### Session Descriptions

26th April - 5:00-6:15pm - **Swimming**

3rd May - 5:00-6:15pm - **All Strong Scotland**

10th May - 5:15-6:15pm - **Active Kids**

17th May - 5:00-6:15pm - **Swimming**

24th May - 5:00-6:15pm - **All Strong Scotland**

31st May - 5:15-6:15pm - **Active Kids**

7th June - 5:00-6:15pm - **Swimming**

14th June - 5:00-6:15pm - **All Strong Scotland**

21st June - 5:15-6:15pm - **Active Kids**

The swimming sessions will be at Perth Leisure Pool - pick up and drop off at the pool.

Active Kids Adventure Park in Stanley - pick up and drop off at Active Kids.

All Strong Scotland - pick up and drop off at PAS.